

Values in Practice Overview 2025-26

	Year 7	Year 8	Year 9
Term 1	Community: Belonging and Extremism 1. ALIVE values and joining secondary school (mental health tips) 2. Anti-bullying 3. Stereotypes 4. Extremism	Careers and Finance 1. Jobs 2. Minimum wage and apprenticeships 3. Bank accounts	Justice 1. Crimes and punishments in the UK 2. Anti-social behaviour and restorative justice 3. Cybercrime
Term 2	Healthy Self 1. Sleep 2. Vaping 3. Dental health 4. Vaccinations	Finance 1. Fraud 2. Money and mental health 3. Budgeting	Keeping Safe Online 1. Protecting personal information online 2. Managing devices and accounts 3. Identifying scams and seeking support 4. Politics in England
Term 3	Healthy Self continued 1. HPV 2. Legal and illegal drugs - Grief	Mental Health 1. Emotional wellbeing 2. Resilience and failure 3. Depression and anxiety 4. Eating disorders - Self-harm	Choosing GCSE Options 1. GCSE options at SMRT 2. Bristol labour market information 3. Showcasing personal strengths - Managing online reputation
Term 4	Equality 1. FGM 2. Refugees 3. Disabilities	Drugs 1. Caffeine 2. Tobacco 3. Alcohol	Diversity and Discrimination 1. What is a hate crime? 2. Ableism
Term 5	Equality continued 4. Sexuality and gender 5. Gender 6. Friendship	Sex and Relationships 1. Introduction to consent 2. Avoiding assumptions about consent 3. Freedom and capacity to consent	Sex and Relationships 1. Healthy relationships 2. Online sexual harassment 3. Dangers of pornography

			4. Consent 5. Teen pregnancy
Term 6	Relationships 1. Coping with emotions 2. E-safety 3. Sexting	Sex and Relationships continued 1. Sharing nudes and the law 2. Sexual harassment	Drugs 1. Attitudes to drugs 2. Alcohol and cannabis 3. Drugs and the law 4. Managing influence

	Year 10	Year 11
Term 1	Mental Health 1. Transitions and mental health 2. Reframing negative thinking 3. Recognising mental ill health 4. Emotional wellbeing 5. Sleep and wellbeing	The Next Move Life Post Y11 1. Post-16 options 2. Writing a CV 3. Preparing for interviews
Term 2	Personal Finance 1. Gambling 2. Debt 3. Homelessness 4. Tax 5. Insurance 6. Pensions 7. Pay slips	Keeping Healthy and Happy 1. Organ donation 2. Fertility 3. Pregnancy options 4. Abortion 5. Self-examination for breast and testicular cancer 6. Skin cancer risks 7. Tattoos, piercing and body modifications
Term 3	Drugs 1. County lines 2. Substances and risk 3. Managing influence 4. Sources of support 5. Festival drugs	Sexual Harassment and Identities 1. Harassment 2. Feminism 3. Intersectionality 4. Coercive control

		5. Coping strategies for good mental health
Term 4	Sex and Relationships 1. Consent 2. STIs 3. HIV 4. Forced marriage 5. Civil partnerships 6. Parenting 7. Abuse 8. Stalking 9. Loss and bereavement	Living in the wider world 1. Voting 2. Fake news 3. Extremism
Term 5	Families and Extremism 1. Forced marriage 2. Marriage and civil partnerships 3. Parenting 4. Fake news	
Term 6	Consent 1. The role of intimacy and pleasure 2. The impact of pornography 3. Pressure, persuasion and coercion Healthy Lifestyles 1. Healthy lifestyles for wellbeing (balancing revision, time online and physical exercise) 2. Identify potential barriers to making healthier choices and describe a range of strategies to reduce the impact of these	