

## Year 10 PE Curriculum Overview

Year 10	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
<b>Skills</b>	Begin to understand the A01, A02, A03. Explaining, applying, Analysing	Explaining Applying Analysing	Explaining Analysing Evaluating Justifying Discussing	Explaining Analysing Evaluating Justifying Discussing	Explaining Analysing Evaluating Justifying Discussing	Analysing and Evaluating own performance and suggesting way to improve
<b>Knowledge</b>	Applied anatomy and physiology	Applied anatomy and physiology	Physical training	Physical training	Sports psychology	Written NEA coursework
<b>Alive and British Values</b>	We can question	We can question	We value ourselves,	We value ourselves	We can question	We are organised we can research
<b>Assessment</b>	Peer and self-assessment, Teacher verbal and written feedback, End of topic test	Peer and self-assessment, Teacher verbal and written feedback, End of topic test	Peer and self-assessment , Teacher verbal and written feedback, End of topic test	Peer and self-assessment, Teacher verbal and written feedback, End of topic test	Peer and self-assessment, Teacher verbal and written feedback, End of topic test	Self-assessment  Teacher mark for written coursework
<b>Careers</b>					Students go on Bath University trip	Encourage students to complete PE related WEX

**How does Key Stage Four build on learning from Key Stage Three?:** Students will discuss certain topics in core PE such as muscles groups, types of training and components of fitness, as well as how to exercise safely and effectively. Students will learn how to analyse performances and suggest ways to improve using correct language.

## Year 11 PE Curriculum Overview

Year 11	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
<b>Skills</b>	Explaining Analysing Evaluating Justifying Discussing	Explaining Analysing Evaluating Justifying Discussing	Explaining Analysing Evaluating Justifying Discussing	Explaining Analysing Evaluating Justifying Discussing	Explaining Analysing Evaluating Justifying Discussing	Explaining Analysing Evaluating Justifying Discussing
<b>Knowledge</b>	Socio-cultural influence	Socio- cultural influence	Health, fitness and well-being	Movement analysis	Movement analysis and revision	Revision
<b>Alive and British Values</b>	We value diversity and choice Individual liberty	We value diversity and choice Individual liberty	We value ourselves, We can question	We can question, we can review	We can question, we can review	We are organised, we can review, we are resilient
<b>Assessment</b>	Peer and self-assessment, Teacher verbal and written feedback, End of topic test	Peer and self-assessment , Teacher verbal and written feedback, End of topic test	Peer and self-assessment , Teacher verbal and written feedback, End of topic test	Peer and self-assessment, Teacher verbal and written feedback, End of topic test	Peer and self-assessment, Teacher verbal and written feedback, End of topic test	Peer and self-assessment, Teacher verbal and written feedback, End of topic test
<b>Careers</b>		A-level taster				

**How will studying this subject in Key Stage Four help students to make their unique contribution to the world?:** It teaches students about all aspects of sport and physical activity. Allowing them make an educated decision to go into any role within sport e.g coaching, sports development or analysis.