

YEAR 7

BLOCK 1

FOCUS : PHYSICAL ME & HEALTHY ME

DOUBLE LESSONS:							
Group	Teacher R SIDE	Teacher T SIDE	Changing Room	PE Venue	PE Activity	PE KIT	
04-Sep	7-1	ATH	JHE	Sports Hall	Sports Hall	Intoductory block	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	7-2	TSA	TSA	Gym	Arena	Intoductory block	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	7-3	TRO	JHL	Sports Hall	Courts	Intoductory block	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
29-Sep	7-4	JHL	JCU	Gym	Gym	Intoductory block	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
SINGLE LESSONS:							
Group	Teacher R SIDE	Teacher T SIDE	Changing Room	PE Venue	PE Activity	PE KIT	
04-Sep	7-1	ATH	JTR	Sports Hall	Sports Hall	Intoductory block	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	7-2	TSA	TSA	Gym	Arena	Intoductory block	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	7-3	TRO	JHL/TRO	Swimming	Pool	Intoductory block	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
29-Sep	7-4	JHL	JCU	Gym	Gym	Intoductory block	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers

YEAR 7

BLOCK 2

FOCUS : PHYSICAL ME & HEALTHY ME

DOUBLE LESSONS:							
Group	Teacher R SIDE	Teacher T SIDE	Changing Room	PE Venue	PE Activity	PE KIT	
02-Oct	7-1	ATH	JHE	Swimming	Pool/Gym	Swimming/Gymnastics	Swimming kit AND Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers
	7-2	TSA	TSA	Gym	Gym/Pool	Swimming/Gymnastics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers AND swimming kit
	7-3	TRO	JHL	Sports Hall	Sports Hall/Courts	Invasion	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
03-Nov	7-4	JHL	JCU	Gym	Arena/Sports Hall	Invasion	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
SINGLE LESSONS:							
Group	Teacher R SIDE	Teacher T SIDE	Changing Room	PE Venue	PE Activity	PE KIT	
02-Oct	7-1	ATH	JTR	Swimming	Pool/Gym	Swimming	Swimming kit ONLY
	7-2	TSA	TSA	Gym	Gym/Pool	Gymnastics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers
	7-3	TRO	JHL/TRO	Sports Hall	Courts	Invasion	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
03-Nov	7-4	JHL	JCU	Gym	Arena	Invasion	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers

YEAR 7

BLOCK 3

FOCUS : PHYSICAL ME & HEALTHY ME

DOUBLE LESSONS:							
Group	Teacher R SIDE	Teacher T SIDE	Changing Room	PE Venue	PE Activity	PE KIT	
06-Nov	7-1	ATH	JHE	Fields	Sports Hall	Invasion Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, boots, trainers
	7-2	TSA	TSA	Fields	Arena	Invasion Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, boots, trainers
	7-3	TRO	JHL	Gym	Gym	Synchronised Swimming/Dance	Swimming kit AND Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers
01-Dec	7-4	JHL	JCU	Swimming	Pool	Synchronised Swimming/Dance	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers AND swimming kit
SINGLE LESSONS:							
Group	Teacher R SIDE	Teacher T SIDE	Changing Room	PE Venue	PE Activity	PE KIT	
06-Nov	7-1	ATH	JTR	Sports Hall	Arena	Invasion Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	7-2	TSA	TSA	Gym	Courts	Invasion Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	7-3	TRO	JHL/TRO	Gym	Gym	Dance	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers
01-Dec	7-4	JHL	JCU	Swimming	Pool	Synchronised Swimming	Swimming kit ONLY

YEAR 7

BLOCK 4

FOCUS : PHYSICAL ME & HEALTHY ME

DOUBLE LESSONS:							
Group	Teacher R SIDE	Teacher T SIDE	Changing Room	PE Venue	PE Activity	PE KIT	
04-Dec	7-1	ATH	JHE	Sports Hall	Arena	Invasion Games/Net games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	7-2	TSA	TSA	Gym	Sports Hall	Net games/Invasion	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	7-3	TRO	JHL	Sports Hall	Courts	Fitness/Athletics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
12-Jan	7-4	JHL	JCU	Gym	Gym	Fitness/Athletics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
SINGLE LESSONS:							
Group	Teacher R SIDE	Teacher T SIDE	Changing Room	PE Venue	PE Activity	PE KIT	
04-Dec	7-1	ATH	JTR	Sports Hall	Arena	Invasion Games/Net games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	7-2	TSA	TSA	Gym	Sports Hall	Net games/Invasion	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	7-3	TRO	JHL/TRO	Sports Hall	Courts	Fitness/Athletics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
12-Jan	7-4	JHL	JCU	Gym	Gym	Fitness/Athletics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers

YEAR 7

BLOCK 5

FOCUS : PHYSICAL ME & HEALTHY ME

DOUBLE LESSONS:							
Group	Teacher R SIDE	Teacher T SIDE	Changing Room	PE Venue	PE Activity	PE KIT	
15-Jan	7-1	ATH	JHE	Gym	Gym	Gymnastics/Swimming Cards	Swimming kit AND Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers
	7-2	TSA	TSA	Swimming	Pool	Swimming Cards/Gymnastics	Swimming kit AND Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers
	7-3	AHO	JHL	Sports Hall	Arena	Invasion Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
09-Feb	7-4	JHL	JCU	Gym	Courts	Invasion Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
SINGLE LESSONS:							
Group	Teacher R SIDE	Teacher T SIDE	Changing Room	PE Venue	PE Activity	PE KIT	
15-Jan	7-1	ATH	JTR	Gym	Gym	Gymnastics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers
	7-2	TSA	TSA	Swimming	Pool	Swimming Cards	Swimming kit ONLY
	7-3	AHO	JHL/AHO	Sports Hall	Arena	Invasion Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
09-Feb	7-4	JHL	JCU	Gym	Courts	Invasion Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers

YEAR 7

BLOCK 6

FOCUS : PHYSICAL ME & HEALTHY ME

DOUBLE LESSONS:							
Group	Teacher R SIDE	Teacher T SIDE	Changing Room	PE Venue	PE Activity	PE KIT	
19-Feb	7-1	ATH	JHE	Fields	Fields	Problem Solving	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	7-2	TSA	TSA	Fields	Fields	Problem Solving	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	7-3	AHO	JHL	Swimming	Pool	Swim cards/Problem solving	Swimming kit AND Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
15-Mar	7-4	JHL	JCU	Gym	Gym	Problem Solving/Swim cards	Swimming kit AND Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
SINGLE LESSONS:							
Group	Teacher R SIDE	Teacher T SIDE	Changing Room	PE Venue	PE Activity	PE KIT	
19-Feb	7-1	ATH	JTR	Sports Hall	Courts	Problem Solving	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	7-2	TSA	TSA	Gym	Arena	Problem Solving	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	7-3	AHO	JHL/AHO	Sports Hall	Pool	Swimming cards	Swimming kit ONLY
15-Mar	7-4	JHL	JCU	Gym	Gym	Problem solving	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers

YEAR 7

BLOCK 7

FOCUS : PHYSICAL ME & HEALTHY ME

DOUBLE LESSONS:							
Group	Teacher	Teacher	Changing Room	PE Venue	PE Activity	PE KIT	
	R SIDE	T SIDE					
18-Mar	7-1	ATH	JHE	Sports Hall	Pool/Gym	Synchronised Swimming/Gymnastics	
	7-2	TSA	TSA	Gym	Gym/Pool	Gymnastics/Synchronised Swimming	
	7-3	AHO	JHL	Sports Hall	Fields	Problem solving	
26-Apr	7-4	JHL	JCU	Gym	Fields	Problem solving	
SINGLE LESSONS:							
Group	Teacher	Teacher	Changing Room	PE Venue	PE Activity	PE KIT	
	R SIDE	T SIDE					
18-Mar	7-1	ATH	JTR	Sports Hall	Pool	Invasion Games/Net games	
	7-2	TSA	TSA	Gym	Gym	Net games/Invasion	
	7-3	AHO	JHL/AHO	Sports Hall	Arena	Fitness/Athletics	
26-Apr	7-4	JHL	JCU	Gym	Courts	Fitness/Athletics	

YEAR 7

BLOCK 8

FOCUS : PHYSICAL ME & HEALTHY ME

DOUBLE LESSONS:							
Group	Teacher	Teacher	Changing Room	PE Venue	PE Activity	PE KIT	
	R SIDE	T SIDE					
29-Apr	7-1	ATH	JHE	Sports Hall	Arena	Fitness/Athletics	
	7-2	TSA	TSA	Gym	Sports Hall	Athletics/Fitness	
	7-3	TRO	JHL	Sports Hall	Courts	Striking and Fielding	
24-May	7-4	JHL	JCU	Gym	Gym	Striking and Fielding	
SINGLE LESSONS:							
Group	Teacher	Teacher	Changing Room	PE Venue	PE Activity	PE KIT	
	R SIDE	T SIDE					
29-Apr	7-1	ATH	JTR	Sports Hall	Arena	Fitness	
	7-2	TSA	TSA	Gym	Sports Hall	Athletics	
	7-3	AHO	JHL/AHO	Sports Hall	Courts	Striking and Fielding	
24-May	7-4	JHL	JCU	Gym	Gym	Striking and Fielding	

YEAR 7

BLOCK 9

FOCUS : PHYSICAL ME & HEALTHY ME

DOUBLE LESSONS:							
Group	Teacher	Teacher	Changing Room	PE Venue	PE Activity	PE KIT	
	R SIDE	T SIDE					
03-Jun	7-1	ATH	JHE	Sports Hall	Arena	Striking and Fielding	
	7-2	TSA	TSA	Gym	Sports Hall	Striking and Fielding	
	7-3	AHO	JHL	Sports Hall	Courts	Fitness/Athletics	
28-Jun	7-4	JHL	JCU	Gym	Gym	Athletics/Fitness	
SINGLE LESSONS:							
Group	Teacher	Teacher	Changing Room	PE Venue	PE Activity	PE KIT	
	R SIDE	T SIDE					
03-Jun	7-1	ATH	JTR	Sports Hall	Arena	Striking and Fielding	
	7-2	TSA	TSA	Gym	Sports Hall	Striking and Fielding	
	7-3	AHO	JHL/AHO	Sports Hall	Courts	Fitness	
28-Jun	7-4	JHL	JCU	Gym	Gym	Athletics	

YEAR 8

BLOCK 1

FOCUS : SOCIAL ME & HEALTHY ME

DOUBLE LESSONS:							
Group	Teacher	Teacher	Changing Room	PE Venue	PE Activity	PE KIT	
	R SIDE	T SIDE					
04-Sep	8-1	JHL	TSA	Sports Hall	Sports Hall	Fitness/Athletics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	8-2	TSA	DPL	Gym	Arena	Fitness/Athletics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	8-3	TRO	JHL	Pool	Swimming	Swimming/Gymnastics	Swimming kit AND Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers
29-Sep	8-4	JHL	JCU	Gym	Gym	Swimming/Gymnastics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers AND swimming kit
SINGLE LESSONS:							
Group	Teacher	Teacher	Changing Room	PE Venue	PE Activity	PE KIT	
	R SIDE	T SIDE					
04-Sep	8-1	JTR	TSA	Sports Hall	Sports Hall	Fitness/Athletics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	8-2	TSA	DPL	Gym	Arena	Fitness/Athletics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	8-3	TRO	JHL	Pool	Swimming	Swimming	Swimming kit ONLY
29-Sep	8-4	JHL	JCU	Gym	Gym	Gymnastics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers

YEAR 8

BLOCK 2

FOCUS : SOCIAL ME & HEALTHY ME

DOUBLE LESSONS:							
Group	Teacher	Teacher	Changing Room	PE Venue	PE Activity	PE KIT	
	R SIDE	T SIDE					
02-Oct	8-1	JHL	TSA	Swimming	Pool/Gym	Swimming/Gymnastics	Swimming kit AND Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers
	8-2	TSA	DPL	Gym	Gym/Pool	Swimming/Gymnastics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers AND swimming kit
	8-3	TRO	JHL	Sports Hall	Sports Hall/Courts	Invasion	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
03-Nov	8-4	JHL	JCU	Gym	Arena/Sports Hall	Invasion	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
SINGLE LESSONS:							
Group	Teacher	Teacher	Changing Room	PE Venue	PE Activity	PE KIT	
	R SIDE	T SIDE					
02-Oct	8-1	JTR	TSA	Swimming	Pool/Gym	Swimming	Swimming kit ONLY
	8-2	TSA	DPL	Gym	Gym/Pool	Gymnastics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers
	8-3	TRO	JHL	Sports Hall	Sports Hall/Courts	Invasion	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
03-Nov	8-4	JHL	JCU	Gym	Arena	Invasion	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers

YEAR 8

BLOCK 3

FOCUS : SOCIAL ME & HEALTHY ME

DOUBLE LESSONS:							
Group	Teacher	Teacher	Changing Room	PE Venue	PE Activity	PE KIT	
	R SIDE	T SIDE					
06-Nov	8-1	JHL	TSA	Fields	Fields	Invasion Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, boots, trainers
	8-2	TSA	DPL	Fields	Fields	Invasion Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, boots, trainers
	8-3	TRO	JHL	Gym	Gym/Pool	Dance/Synchronised Swimming	Swimming kit AND Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers
01-Dec	8-4	JHL	JCU	Swimming	Pool/Gym	Synchronised Swimming/Dance	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers AND swimming kit
SINGLE LESSONS:							
Group	Teacher	Teacher	Changing Room	PE Venue	PE Activity	PE KIT	
	R SIDE	T SIDE					
06-Nov	8-1	JTR	TSA	Swimming	Arena	Invasion Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	8-2	TSA	DPL	Gym	Courts	Invasion Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	8-3	TRO	JHL	Gym	Gym	Dance	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers
01-Dec	8-4	JHL	JCU	Swimming	Pool	Synchronised Swimming	Swimming kit ONLY

YEAR 8

BLOCK 4

FOCUS : SOCIAL ME & HEALTHY ME

DOUBLE LESSONS:							
Group	Teacher R SIDE	Teacher T SIDE	Changing Room	PE Venue	PE Activity	PE KIT	
04-Dec	8-1	JHL	TSA	Sports Hall	Arena	Invasion Games/Net Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	8-2	TSA	DPL	Gym	Sports Hall	Net Games/Invasion Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	8-3	TRO	JHL	Sports Hall	Courts	Athletics/Fitness	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
12-Jan	8-4	JHL	JCU	Gym	Gym	Fitness/Athletics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
SINGLE LESSONS:							
Group	Teacher R SIDE	Teacher T SIDE	Changing Room	PE Venue	PE Activity	PE KIT	
04-Dec	8-1	JTR	TSA	Sports Hall	Arena	Invasion Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	8-2	TSA	DPL	Gym	Sports Hall	Net Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	8-3	TRO	JHL	Sports Hall	Courts	Athletics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
12-Jan	8-4	JHL	JCU	Gym	Gym	Fitness	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers

YEAR 8

BLOCK 5

FOCUS : SOCIAL ME & HEALTHY ME

DOUBLE LESSONS:							
Group	Teacher R SIDE	Teacher T SIDE	Changing Room	PE Venue	PE Activity	PE KIT	
15-Jan	8-1	JHL	TSA	Gym	Gym	Problem Solving/Swimming Cards	Swimming kit AND Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers
	8-2	TSA	DPL	Pool	Pool	Swimming Cards/Problem Solving	Swimming kit AND Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers
	8-3	AHO	JHL	Sports Hall	Sports Hall	Invasion Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
09-Feb	8-4	JHL	JCU	Gym	Gym	Invasion Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
SINGLE LESSONS:							
Group	Teacher R SIDE	Teacher T SIDE	Changing Room	PE Venue	PE Activity	PE KIT	
15-Jan	8-1	JTR	TSA	Gym	Gym	Problem Solving	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers
	8-2	TSA	DPL	Pool	Pool	Swimming Cards	Swimming kit ONLY
	8-3	AHO	JHL	Sports Hall	Arena	Invasion Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
09-Feb	8-4	JHL	JCU	Gym	Courts	Invasion Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers

YEAR 8

BLOCK 6

FOCUS : SOCIAL ME & HEALTHY ME

DOUBLE LESSONS:							
Group	Teacher R SIDE	Teacher T SIDE	Changing Room	PE Venue	PE Activity	PE KIT	
19-Feb	8-1	JHL	TSA	Fields	Fields	Problem Solving	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	8-2	TSA	DPL	Fields	Fields	Problem Solving	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	8-3	AHO	JHL	Pool	Pool	Swimming Cards/Problem Solving	Swimming kit AND Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
15-Mar	8-4	JHL	JCU	Gym	Gym	Problem Solving/Swimming Cards	Swimming kit AND Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
SINGLE LESSONS:							
Group	Teacher R SIDE	Teacher T SIDE	Changing Room	PE Venue	PE Activity	PE KIT	
19-Feb	8-1	JTR	TSA	Swimming	Courts	Problem Solving	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	8-2	TSA	DPL	Gym	Arena	Problem Solving	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	8-3	AHO	JHL	Pool	Pool	Swimming cards	Swimming kit ONLY
15-Mar	8-4	JHL	JCU	Gym	Gym	Problem solving	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers

YEAR 8

BLOCK 7

FOCUS : SOCIAL ME & HEALTHY ME

DOUBLE LESSONS:							
Group	Teacher R SIDE	Teacher T SIDE	Changing Room	PE Venue	PE Activity	PE KIT	
18-Mar	8-1	JHL	TSA	Pool	Pool/Gym	Synchronised Swimming/Gymnastics	Swimming kit AND Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers
	8-2	TSA	DPL	Gym	Gym/Pool	Gymnastics/Synchronised Swimming	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers AND swimming kit
	8-3	AHO	JHL	Fields	Fields	Problem solving	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
26-Apr	8-4	JHL	JCU	Fields	Fields	Problem solving	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
SINGLE LESSONS:							
Group	Teacher R SIDE	Teacher T SIDE	Changing Room	PE Venue	PE Activity	PE KIT	
18-Mar	8-1	JTR	TSA	Sports Hall	Pool	Synchronised Swimming	Swimming kit ONLY
	8-2	TSA	DPL	Gym	Gym	Gymnastics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers
	8-3	AHO	JHL	Sports Hall	Arena	Problem Solving	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
26-Apr	8-4	JHL	JCU	Gym	Courts	Problem Solving	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers

YEAR 8

BLOCK 8

FOCUS : SOCIAL ME & HEALTHY ME

DOUBLE LESSONS:							
Group	Teacher R SIDE	Teacher T SIDE	Changing Room	PE Venue	PE Activity	PE KIT	
29-Apr	8-1	JHL	TSA	Sports Hall	Fields	Fitness/Athletics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	8-2	TSA	DPL	Gym	Fields	Athletics/Fitness	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	8-3	AHO	JHL	Sports Hall	Gym	Striking and Fielding	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
24-May	8-4	JHL	JCU	Gym	Arena	Striking and Fielding	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
SINGLE LESSONS:							
Group	Teacher R SIDE	Teacher T SIDE	Changing Room	PE Venue	PE Activity	PE KIT	
29-Apr	8-1	JTR	TSA	Sports Hall	Gym	Fitness	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	8-2	TSA	DPL	Gym	Courts	Athletics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	8-3	AHO	JHL	Sports Hall	Arena	Striking and Fielding	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
24-May	8-4	JHL	JCU	Gym	Arena	Striking and Fielding	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers

YEAR 8

BLOCK 9

FOCUS : SOCIAL ME & HEALTHY ME

DOUBLE LESSONS:							
Group	Teacher R SIDE	Teacher T SIDE	Changing Room	PE Venue	PE Activity	PE KIT	
03-Jun	8-1	JHL	TSA	Fields	Gym/Pool	Striking and Fielding	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	8-2	TSA	DPL	Fields	Pool/Gym	Striking and Fielding	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	8-3	AHO	JHL	Gym	Fields	Fitness/Athletics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
28-Jun	8-4	JHL	JCU	Swimming	Fields	Athletics/Fitness	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
SINGLE LESSONS:							
Group	Teacher R SIDE	Teacher T SIDE	Changing Room	PE Venue	PE Activity	PE KIT	
03-Jun	8-1	JTR	TSA	Swimming	Arena	Striking and Fielding	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	8-2	TSA	DPL	Gym	Arena	Striking and Fielding	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	8-3	AHO	JHL	Gym	Gym	Fitness	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
28-Jun	8-4	JHL	JCU	Swimming	Courts	Athletics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers

YEAR 9

BLOCK 1

FOCUS : COGNITIVE ME & HEALTHY ME

DOUBLE LESSONS:							
Group	Teacher		Changing Room	PE Venue	PE Activity	PE KIT	
	R SIDE	T SIDE					
04-Sep	9-1	TSA	JHE	Sports Hall	Sports Hall	Fitness/Athletics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	9-2	JTR	TSA	Gym	Arena	Fitness/Athletics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	9-3	JHL	JHL	Pool	Swimming	Swimming/Gymnastics	Swimming kit AND Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers
29-Sep	9-4	TRO	TRO	Gym	Gym	Swimming/Gymnastics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers AND swimming kit
SINGLE LESSONS:							
Group	Teacher		Changing Room	PE Venue	PE Activity	PE KIT	
	R SIDE	T SIDE					
04-Sep	9-1	TSA	JHE	Sports Hall	Sports Hall	Fitness/Athletics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	9-2	ATH/JTR	TSA	Gym	Arena	Fitness/Athletics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	9-3	JHL	JCU/JHL	Pool	Swimming	Swimming	Swimming kit ONLY
29-Sep	9-4	TRO	TRO	Gym	Gym	Gymnastics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers

YEAR 9

BLOCK 2

FOCUS : PHYSICAL ME & HEALTHY ME

DOUBLE LESSONS:							
Group	Teacher		Changing Room	PE Venue	PE Activity	PE KIT	
	R SIDE	T SIDE					
02-Oct	9-1	TSA	JHE	Swimming	Pool/Gym	Swimming/Gymnastics	Swimming kit AND Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers
	9-2	JTR	TSA	Gym	Gym/Pool	Swimming/Gymnastics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers AND swimming kit
	9-3	JHL	JHL	Sports Hall	Sports Hall/Courts	Invasion	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
03-Nov	9-4	TRO	TRO	Gym	Arena	Invasion	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
SINGLE LESSONS:							
Group	Teacher		Changing Room	PE Venue	PE Activity	PE KIT	
	R SIDE	T SIDE					
02-Oct	9-1	TSA	JHE	Swimming	Pool/Gym	Swimming	Swimming kit ONLY
	9-2	ATH/JTR	TSA	Gym	Gym/Pool	Gymnastics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers
	9-3	JHL	JCU/JHL	Sports Hall	Sports Hall/Courts	Invasion	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
03-Nov	9-4	TRO	TRO	Gym	Arena	Invasion	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers

YEAR 9

BLOCK 3

FOCUS : SOCIAL ME & HEALTHY ME

DOUBLE LESSONS:							
Group	Teacher		Changing Room	PE Venue	PE Activity	PE KIT	
	R SIDE	T SIDE					
06-Nov	9-1	TSA	JHE	Fields	Fields	Invasion Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, boots, trainers
	9-2	JTR	TSA	Fields	Fields	Invasion Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, boots, trainers
	9-3	JHL	JHL	Gym	Gym/Pool	Dance/Synchronised Swimming	Swimming kit AND Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers
01-Dec	9-4	TRO	TRO	Swimming	Pool/Gym	Synchronised Swimming/Dance	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers AND swimming kit
SINGLE LESSONS:							
Group	Teacher		Changing Room	PE Venue	PE Activity	PE KIT	
	R SIDE	T SIDE					
06-Nov	9-1	TSA	JHE	Swimming	Arena	Invasion Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	9-2	ATH/JTR	TSA	Gym	Courts	Invasion Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	9-3	JHL	JCU/JHL	Gym	Gym	Dance	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers
01-Dec	9-4	TRO	TRO	Swimming	Pool	Synchronised Swimming	Swimming kit ONLY

YEAR 9

BLOCK 4

FOCUS : SOCIAL ME & HEALTHY ME

DOUBLE LESSONS:								
<u>Group</u>	<u>Teacher</u>	<u>Teacher</u>	<u>Changing Room</u>	<u>PE Venue</u>	<u>PE Activity</u>	<u>PE KIT</u>		
	<u>R SIDE</u>	<u>T SIDE</u>						
04-Dec	9-1	TSA	JHE	Sports Hall	Arena	Invasion Games/Net Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
	9-2	JTR	TSA	Gym	Sports Hall	Net Games/Invasion Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
	9-3	JHL	JHL	Sports Hall	Courts	Athletics/Fitness	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
12-Jan	9-4	TRO	TRO	Gym	Gym	Fitness/Athletics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
SINGLE LESSONS:								
<u>Group</u>	<u>Teacher</u>	<u>Teacher</u>	<u>Changing Room</u>	<u>PE Venue</u>	<u>PE Activity</u>	<u>PE KIT</u>		
	<u>R SIDE</u>	<u>T SIDE</u>						
04-Dec	9-1	TSA	JHE	Sports Hall	Arena	Invasion Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
	9-2	ATH/JTR	TSA	Gym	Sports Hall	Net Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
	9-3	JHL	JCU/JHL	Sports Hall	Courts	Athletics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
12-Jan	9-4	TRO	TRO	Gym	Gym	Fitness	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	

YEAR 9

BLOCK 5

FOCUS : SOCIAL ME & HEALTHY ME

DOUBLE LESSONS:								
<u>Group</u>	<u>Teacher</u>	<u>Teacher</u>	<u>Changing Room</u>	<u>PE Venue</u>	<u>PE Activity</u>	<u>PE KIT</u>		
	<u>R SIDE</u>	<u>T SIDE</u>						
15-Jan	9-1	TSA	JHE	Gym	Gym	Problem Solving/Swimming Cards	Swimming kit AND Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers	
	9-2	JTR	TSA	Pool	Pool	Swimming Cards/Problem Solving	Swimming kit AND Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers	
	9-3	JHL	JHL	Sports Hall	Sports Hall	Invasion Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
09-Feb	9-4	AHO	AHO	Gym	Gym	Invasion Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
SINGLE LESSONS:								
<u>Group</u>	<u>Teacher</u>	<u>Teacher</u>	<u>Changing Room</u>	<u>PE Venue</u>	<u>PE Activity</u>	<u>PE KIT</u>		
	<u>R SIDE</u>	<u>T SIDE</u>						
15-Jan	9-1	TSA	JHE	Gym	Gym	Problem Solving	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers	
	9-2	ATH/JTR	TSA	Pool	Pool	Swimming Cards	Swimming kit ONLY	
	9-3	JHL	JCU/JHL	Sports Hall	Arena	Invasion Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
09-Feb	9-4	AHO	AHO	Gym	Courts	Invasion Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	

YEAR 9

BLOCK 6

FOCUS : SOCIAL ME & HEALTHY ME

DOUBLE LESSONS:								
<u>Group</u>	<u>Teacher</u>	<u>Teacher</u>	<u>Changing Room</u>	<u>PE Venue</u>	<u>PE Activity</u>	<u>PE KIT</u>		
	<u>R SIDE</u>	<u>T SIDE</u>						
19-Feb	9-1	TSA	JHE	Fields	Fields	Problem Solving	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
	9-2	JTR	TSA	Fields	Fields	Problem Solving	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
	9-3	JHL	JHL	Pool	Pool	Swimming Cards/Problem Solving	Swim kit AND Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
15-Mar	9-4	AHO	AHO	Gym	Gym	Problem Solving/Swimming Cards	Swim kit AND Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
SINGLE LESSONS:								
<u>Group</u>	<u>Teacher</u>	<u>Teacher</u>	<u>Changing Room</u>	<u>PE Venue</u>	<u>PE Activity</u>	<u>PE KIT</u>		
	<u>R SIDE</u>	<u>T SIDE</u>						
19-Feb	9-1	TSA	JHE	Swimming	Courts	Problem Solving	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
	9-2	ATH/JTR	TSA	Gym	Arena	Problem Solving	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
	9-3	JHL	JCU/JHL	Pool	Pool	Swimming cards	Swimming kit ONLY	
15-Mar	9-4	AHO	AHO	Gym	Gym	Problem solving	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	

YEAR 9

BLOCK 7

FOCUS : SOCIAL ME & HEALTHY ME

DOUBLE LESSONS:								
<u>Group</u>	<u>Teacher</u>	<u>Teacher</u>	<u>Changing Room</u>	<u>PE Venue</u>	<u>PE Activity</u>	<u>PE KIT</u>		
	<u>R SIDE</u>	<u>T SIDE</u>						
18-Mar	9-1	TSA	JHE	Pool	Pool/Gym	Synchronised Swimming/Gymnastics	Swimming kit AND Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers	
	9-2	JTR	TSA	Gym	Gym/Pool	Gymnastics/Synchronised Swimming	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers AND swimming kit	
	9-3	JHL	JHL	Fields	Fields	Problem solving	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
26-Apr	9-4	AHO	AHO	Fields	Fields	Problem solving	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
	SINGLE LESSONS:							
<u>Group</u>	<u>Teacher</u>	<u>Teacher</u>	<u>Changing Room</u>	<u>PE Venue</u>	<u>PE Activity</u>	<u>PE KIT</u>		
	<u>R SIDE</u>	<u>T SIDE</u>						
18-Mar	9-1	TSA	JHE	Sports Hall	Pool	Synchronised Swimming	Swimming kit ONLY	
	9-2	ATH/JTR	TSA	Gym	Gym	Gymnastics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers	
	9-3	JHL	JCU/JHL	Sports Hall	Arena	Problem Solving	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
26-Apr	9-4	AHO	AHO	Gym	Courts	Problem Solving	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	

YEAR 9

BLOCK 8

FOCUS : SOCIAL ME & HEALTHY ME

DOUBLE LESSONS:								
<u>Group</u>	<u>Teacher</u>	<u>Teacher</u>	<u>Changing Room</u>	<u>PE Venue</u>	<u>PE Activity</u>	<u>PE KIT</u>		
	<u>R SIDE</u>	<u>T SIDE</u>						
29-Apr	9-1	TSA	JHE	Sports Hall	Fields	Fitness/Athletics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
	9-2	JTR	TSA	Gym	Fields	Athletics/Fitness	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
	9-3	JHL	JHL	Sports Hall	Gym	Striking and Fielding	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
24-May	9-4	AHO	AHO	Gym	Arena	Striking and Fielding	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
	SINGLE LESSONS:							
<u>Group</u>	<u>Teacher</u>	<u>Teacher</u>	<u>Changing Room</u>	<u>PE Venue</u>	<u>PE Activity</u>	<u>PE KIT</u>		
	<u>R SIDE</u>	<u>T SIDE</u>						
29-Apr	9-1	TSA	JHE	Sports Hall	Gym	Fitness	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
	9-2	ATH/JTR	TSA	Gym	Courts	Athletics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
	9-3	JHL	JCU/JHL	Sports Hall	Arena	Striking and Fielding	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
24-May	9-4	AHO	AHO	Gym	Arena	Striking and Fielding	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	

YEAR 9

BLOCK 9

FOCUS : SOCIAL ME & HEALTHY ME

DOUBLE LESSONS:								
<u>Group</u>	<u>Teacher</u>	<u>Teacher</u>	<u>Changing Room</u>	<u>PE Venue</u>	<u>PE Activity</u>	<u>PE KIT</u>		
	<u>R SIDE</u>	<u>T SIDE</u>						
03-Jun	9-1	TSA	JHE	Fields	Gym/Pool	Striking and Fielding	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
	9-2	JTR	TSA	Fields	Pool/Gym	Striking and Fielding	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
	9-3	JHL	JHL	Gym	Fields	Fitness/Athletics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
28-Jun	9-4	AHO	AHO	Swimming	Fields	Athletics/Fitness	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
	SINGLE LESSONS:							
<u>Group</u>	<u>Teacher</u>	<u>Teacher</u>	<u>Changing Room</u>	<u>PE Venue</u>	<u>PE Activity</u>	<u>PE KIT</u>		
	<u>R SIDE</u>	<u>T SIDE</u>						
03-Jun	9-1	TSA	JHE	Swimming	Arena	Striking and Fielding	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
	9-2	ATH/JTR	TSA	Gym	Arena	Striking and Fielding	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
	9-3	JHL	JCU/JHL	Gym	Gym	Fitness	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
28-Jun	9-4	AHO	AHO	Swimming	Courts	Athletics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	

YEAR 10

BLOCK 1

FOCUS : HEALTHY ME

DOUBLE LESSONS:		Teacher	Teacher				
Group	R SIDE	T SIDE	Changing Room	PE Venue	PE Activity	PE KIT	
04-Sep	10-1	TSA	JTR	Sports Hall	Sports Hall	Fitness/Athletics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	10-2	JTR	TSA	Gym	Arena	Fitness/Athletics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	10-3	JHL	TRO	Pool	Swimming	Swimming/Gymnastics	Swimming kit AND Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers
29-Sep	10-4	TRO	JHL	Gym	Gym	Swimming/Gymnastics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers AND swimming kit
SINGLE LESSONS:		Teacher	Teacher				
Group	R SIDE	T SIDE	Changing Room	PE Venue	PE Activity	PE KIT	
04-Sep	10-1	TSA	JTR	Sports Hall	Sports Hall	Fitness/Athletics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	10-2	JTR	TSA	Gym	Arena	Fitness/Athletics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	10-3	JCU/JHL	JCU	Pool	Swimming	Swimming	Swimming kit ONLY
29-Sep	10-4	TRO	JHL	Gym	Gym	Gymnastics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers

YEAR 10

BLOCK 2

FOCUS : PHYSICAL ME & HEALTHY ME

DOUBLE LESSONS:		Teacher	Teacher	Changing Room	PE Venue	PE Activity	PE KIT
Group	R SIDE	T SIDE					
02-Oct	10-1	TSA	JTR	Swimming	Pool/Gym	Swimming/Gymnastics	Swimming kit AND Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers
	10-2	JTR	TSA	Gym	Gym/Pool	Swimming/Gymnastics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers AND swimming kit
	10-3	JHL	TRO	Sports Hall	Sports Hall/Courts	Invasion	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
03-Nov	10-4	TRO	JHL	Gym	Arena/Sports Hall	Invasion	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
SINGLE LESSONS:		Teacher	Teacher	Changing Room	PE Venue	PE Activity	PE KIT
Group	R SIDE	T SIDE					
02-Oct	10-1	TSA	JTR	Swimming	Pool/Gym	Swimming	Swimming kit ONLY
	10-2	JTR	TSA	Gym	Gym/Pool	Gymnastics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers
	10-3	JCU/JHL	JCU	Sports Hall	Sports Hall/Courts	Invasion Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
03-Nov	10-4	TRO	JHL	Gym	Arena/Sports Hall	Invasion Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers

YEAR 10

BLOCK 3

FOCUS : PHYSICAL ME & HEALTHY ME

DOUBLE LESSONS:		Teacher	Teacher	Changing Room	PE Venue	PE Activity	PE KIT
Group	R SIDE	T SIDE					
06-Nov	10-1	TSA	JTR	Fields	Fields	Invasion Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, boots, trainers
	10-2	JTR	TSA	Fields	Fields	Invasion Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, boots, trainers
	10-3	JHL	TRO	Gym	Gym	Synchronised Swimming/Dance	Swimming kit AND Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers
01-Dec	10-4	TRO	JHL	Swimming	Pool	Synchronised Swimming/Dance	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers AND swimming kit
SINGLE LESSONS:		Teacher	Teacher	Changing Room	PE Venue	PE Activity	PE KIT
Group	R SIDE	T SIDE					
06-Nov	10-1	TSA	JTR	Swimming	Arena	Invasion Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	10-2	JTR	TSA	Gym	Courts	Invasion Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	10-3	JCU/JHL	JCU	Gym	Gym	Dance	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers
01-Dec	10-4	TRO	JHL	Swimming	Pool	Synchronised Swimming	Swimming kit ONLY

YEAR 10

BLOCK 4

FOCUS : SOCIAL ME & HEALTHY ME

DOUBLE LESSONS:							
Group	Teacher	Teacher	Changing Room	PE Venue	PE Activity	PE KIT	
	R SIDE	T SIDE					
04-Dec	9-1	TSA	JTR	Sports Hall	Arena	Invasion Games/Net Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	9-2	JTR	TSA	Gym	Sports Hall	Net Games/Invasion Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	9-3	JHL	TRO	Sports Hall	Courts	Athletics/Fitness	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
12-Jan	9-4	TRO	JHL	Gym	Gym	Fitness/Athletics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
SINGLE LESSONS:							
Group	Teacher	Teacher	Changing Room	PE Venue	PE Activity	PE KIT	
	R SIDE	T SIDE					
04-Dec	9-1	TSA	JTR	Sports Hall	Arena	Invasion Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	9-2	JTR	TSA	Gym	Sports Hall	Net Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	9-3	JCU/JHL	JCU	Sports Hall	Courts	Athletics	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
12-Jan	9-4	TRO	JHL	Gym	Gym	Fitness	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers

YEAR 10

BLOCK 5

FOCUS : SOCIAL ME & HEALTHY ME

DOUBLE LESSONS:							
Group	Teacher	Teacher	Changing Room	PE Venue	PE Activity	PE KIT	
	R SIDE	T SIDE					
15-Jan	9-1	TSA	JTR	Gym	Gym	Problem Solving/Swimming Cards	Swimming kit AND Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers
	9-2	JTR	TSA	Pool	Pool	Swimming Cards/Problem Solving	Swimming kit AND Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers
	9-3	JHL	AHO	Sports Hall	Sports Hall	Invasion Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
09-Feb	9-4	AHO	JHL	Gym	Gym	Invasion Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
SINGLE LESSONS:							
Group	Teacher	Teacher	Changing Room	PE Venue	PE Activity	PE KIT	
	R SIDE	T SIDE					
15-Jan	9-1	TSA	JTR	Gym	Gym	Problem Solving	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers
	9-2	JTR	TSA	Pool	Pool	Swimming Cards	Swimming kit ONLY
	9-3	JCU/JHL	JCU	Sports Hall	Arena	Invasion Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
09-Feb	9-4	AHO	JHL	Gym	Courts	Invasion Games	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers

YEAR 10

BLOCK 6

FOCUS : SOCIAL ME & HEALTHY ME

DOUBLE LESSONS:							
Group	Teacher	Teacher	Changing Room	PE Venue	PE Activity	PE KIT	
	R SIDE	T SIDE					
19-Feb	9-1	TSA	JTR	Fields	Fields	Problem Solving	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	9-2	JTR	TSA	Fields	Fields	Problem Solving	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	9-3	JHL	AHO	Pool	Pool	Swimming Cards/Problem Solving	Swimming kit AND Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
15-Mar	9-4	AHO	JHL	Gym	Gym	Problem Solving/Swimming Cards	Swimming kit AND Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
SINGLE LESSONS:							
Group	Teacher	Teacher	Changing Room	PE Venue	PE Activity	PE KIT	
	R SIDE	T SIDE					
19-Feb	9-1	TSA	JTR	Swimming	Courts	Problem Solving	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	9-2	JTR	TSA	Gym	Arena	Problem Solving	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers
	9-3	JCU/JHL	JCU	Pool	Pool	Swimming cards	Swimming kit ONLY
15-Mar	9-4	AHO	JHL	Gym	Gym	Problem solving	Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers

YEAR 10

BLOCK 7

FOCUS : SOCIAL ME & HEALTHY ME

DOUBLE LESSONS:							
Group	Teacher	Teacher	Changing Room	PE Venue	PE Activity	PE KIT	
	R SIDE	T SIDE					
18-Mar	9-1	TSA	JTR	Pool	Pool/Gym	Synchronised Swimming/Gymnastics Swimming kit AND Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers	
	9-2	JTR	TSA	Gym	Gym/Pool	Gymnastics/Synchronised Swimming Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers AND swimming kit	
	9-3	JHL	AHO	Fields	Fields	Problem solving Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
26-Apr	9-4	AHO	JHL	Fields	Fields	Problem solving Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
SINGLE LESSONS:							
Group	Teacher	Teacher	Changing Room	PE Venue	PE Activity	PE KIT	
	R SIDE	T SIDE					
18-Mar	9-1	TSA	JTR	Sports Hall	Pool	Synchronised Swimming Swimming kit ONLY	
	9-2	JTR	TSA	Gym	Gym	Gymnastics Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers	
	9-3	JCU/JHL	JCU	Sports Hall	Arena	Problem Solving Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
26-Apr	9-4	AHO	JHL	Gym	Courts	Problem Solving Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	

YEAR 10

BLOCK 8

FOCUS : SOCIAL ME & HEALTHY ME

DOUBLE LESSONS:							
Group	Teacher	Teacher	Changing Room	PE Venue	PE Activity	PE KIT	
	R SIDE	T SIDE					
29-Apr	9-1	TSA	JTR	Sports Hall	Fields	Fitness/Athletics Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
	9-2	JTR	TSA	Gym	Fields	Athletics/Fitness Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
	9-3	JHL	AHO	Sports Hall	Gym	Striking and Fielding Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
24-May	9-4	AHO	JHL	Gym	Arena	Striking and Fielding Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
SINGLE LESSONS:							
Group	Teacher	Teacher	Changing Room	PE Venue	PE Activity	PE KIT	
	R SIDE	T SIDE					
29-Apr	9-1	TSA	JTR	Sports Hall	Gym	Fitness Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
	9-2	JTR	TSA	Gym	Courts	Athletics Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
	9-3	JCU/JHL	JCU	Sports Hall	Arena	Striking and Fielding Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
24-May	9-4	AHO	JHL	Gym	Arena	Striking and Fielding Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	

YEAR 10

BLOCK 9

FOCUS : SOCIAL ME & HEALTHY ME

DOUBLE LESSONS:							
Group	Teacher	Teacher	Changing Room	PE Venue	PE Activity	PE KIT	
	R SIDE	T SIDE					
03-Jun	9-1	TSA	JTR	Fields	Gym/Pool	Striking and Fielding Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
	9-2	JTR	TSA	Fields	Pool/Gym	Striking and Fielding Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
	9-3	JHL	AHO	Gym	Fields	Fitness/Athletics Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
28-Jun	9-4	AHO	JHL	Swimming	Fields	Athletics/Fitness Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
SINGLE LESSONS:							
Group	Teacher	Teacher	Changing Room	PE Venue	PE Activity	PE KIT	
	R SIDE	T SIDE					
03-Jun	9-1	TSA	JTR	Swimming	Arena	Striking and Fielding Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
	9-2	JTR	TSA	Gym	Arena	Striking and Fielding Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
	9-3	JCU/JHL	JCU	Gym	Gym	Fitness Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	
28-Jun	9-4	AHO	JHL	Swimming	Courts	Athletics Polo shirt, Loose fitting black shorts, Black tracksuit bottoms or joggers, trainers	