



St Mary Redcliffe  
and Temple School

# Health & Social Care



# Health and Social Care

Exam Board: Pearson

Specification: Level 3 Certificate / Extended Certificate in Health & Social Care.

**This is a two-year course** – The first year can be assessed at the end of Year 12 to provide a certificate which is the equivalent of an AS Level qualification if the student is dropping the subject and believes they can get a strong grade. Students can continue to year 13 and study an additional two units to achieve the level three extended certificate which is equivalent to an A Level.

Module information:

Unit Number	Unit Title	Assessment	Mandatory/Optional
1	Human Development and Life Span	External (examination)	Mandatory
5	Meeting individual' care and support needs.	Internal	Mandatory
2	Working in Health and Social Care	External (examination)	Mandatory
14	Physiological disorders	Internal	Mandatory

## Overview

The Pearson level three certificate / extended certificate will provide learners with the underpinning knowledge, understanding and skills of the health and social care sectors, providing a broad basis for further or higher education or for moving into employment within the sectors. The qualification builds on the new Level 1/2 Vocational Awards in Health and Social Care and Child Development and GCSEs in Sociology and related subjects but these are not necessary in order to study the subject.

## Topic areas

### **Certificate (studied in year 12)**

#### ***Human Development and Life Span***

*This unit covers the development of individuals through the life stage and an analysis of the factors which influence this, for example diet, and exercise, illness and life events. There is study of how effects of different factors can interlink and affect both short and long term development.*

*This is an external examination that involves both long and short questions.*

#### ***Meeting individuals' care and support needs***

*This unit covers the approaches and methods used to support clients who have different health and social care needs including the challenges and barriers faced and how organisations overcome and remove these barriers. Study of some laws governing healthcare, the role of the care values and ethical theory is covered, to allow students the opportunity to investigate the moral dilemmas sometimes faced by health and social care workers.*

*This is an internal assessment that involves the completion of a written assignment that covers 4 subtopics in this area.*

### **Extended Certificate (studied in year 13)**

#### ***Working in Health and Social Care***

*This unit investigate specific job roles and responsibilities within the sector and the support that these roles provide. How healthcare teams work together and multi-agency working is also studied; this unit relates directly to the world of work and has a vocational context. This is an external examination that involves both long and short questions.*

#### ***Physiological disorders and their care***

*This unit looks in-depth at a selection of disorders, for example diabetes, asthma and dementia and the effective management of these conditions through a combination of current healthcare practices; these include behavioural, holistic, medical and empowerment approaches. This is an internal assessment that involves the completion of a written assignment that covers 4 subtopics in this area.*

## **Course Delivery:**

Lessons in the classroom will include a variety of formats, including group work, individual activities, role-plays, use of case studies and some formal note taking. Some study support is provided to help students with their assignments and other homework. Students should also expect to spend up to 2-3 hours per week outside lesson time on homework, background reading and research work.

## **Entry requirements:**

If the subject is taken at GCSE it should be passed at 4 or above and at least one English/Humanities/Social Science subject should be passed with a 6. Students should have an interest in health or the caring professions and have good organisational skills due to the emphasis on coursework assessment.

## **Skills & personal qualities required / developed by course:**

Students have commented on how the language used/ learnt during the course really helped them when they went to interviews for nursing and care of children related courses. Students develop confidence through focussing on their own communication skills and how these affect others. Students also develop valuable research, analytical and presentation skills and apply their learning about communication to the challenges of the workplace.

## **Visits and opportunities:**

Wherever possible, we invite outside speakers and practitioners in the Health and Social Care sector, to meet with our students. This provides the opportunity for students to interview professionals in the fields of Hospital play work, recreational work in residential homes, and use their learning to support coursework tasks and exam topics. Speakers and professionals also help to provide a practical aspect to the theory of the subject.

Students are strongly advised to organise work experience placements in care settings such as youth groups, church groups and/or opportunities to observe care workers at work, in order to strengthen their coursework. The Health and Social Care Department are happy to support students in organising work placements wherever possible.

## **Why study this qualification?**

This course is a real must for anyone that wants to work with others in any field that involves caring and supporting others. Many students who complete this qualification go on to work in many related fields such as; Midwifery, Nursing, Social Work, Youth Work, Teaching (Early Years, Primary and Secondary), Childcare, etc. Even if these are not the fields of work that interest you, Health and Social Care provides valuable transferrable skills that can be useful in any work setting. One such area is Active Listening and Empathy, which is essential for any job that involves communication and working with others.

## **Recommended Books**

- McGee P – *Principles of Caring* (Nelson Thornes, 2005)
- Spector A – *Making a Difference* (Hawker, 2006)
- Morris C – Knowledge Set for Safeguarding Vulnerable People (Heinemann, 2008)
- Baret S (editor) – *Communication Relationships and Care* (Routledge, 2004)
- Jasper M – *Beginning Reflective Practice* (Nelson Thornes, 2003)
- Clark B – *A Mother Like Alex* (HarperTrue 2008)
- *Understanding Health and Social Care: An Introductory Reader*  
Margaret Allott (Editor), Martin Robb (Editor)

## **Recommended Websites**

[www.bcodp.org.uk](http://www.bcodp.org.uk) British Council of Disabled People  
[www.communitycare.co.uk](http://www.communitycare.co.uk) Community Care  
[www.dh.gov.uk](http://www.dh.gov.uk) Department of Health  
[www.eoc.org.uk](http://www.eoc.org.uk) Equal Opportunities Commission  
[www.skillsforhealth.org.uk](http://www.skillsforhealth.org.uk) Sector Skills Council for the UK Health Sector  
[www.bbc.co.uk/news/health](http://www.bbc.co.uk/news/health) BBC Health News  
[www.bbc.co.uk/news/education](http://www.bbc.co.uk/news/education) BBC Family and Education News  
<https://www.newscientist.com/> - New Scientist  
<https://do-it.org/> - Do – It (Volunteering Website)

## **Recommended Journals and magazines**

- Care and Health Magazine
- Disability Now
- Nursing Times
- Community Care
- New Scientist

## **TED Talks**

- Social workers are super hero's- Anna Scheyette
- All it takes is 10 Mindful Minutes- Andy Puddicombes
- 5 Ways to Listen Better- Julian Treasure

**For further information:** Contact Mrs Dorgan, Head of Health and Social Care

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