

Year 12 Physical Education Curriculum Overview

| Year 12 | Term 1 | Term 2 | Term 3 | Term 4 | Term 5 | Term 6 |
|---------------------------------|--|--|--|--|--|---|
| Skills | Explaining Analysing Evaluating Justifying Discussing | Explaining Analysing Evaluating Justifying Discussing | Explaining Analysing Evaluating Justifying Discussing | Explaining Analysing Evaluating Justifying Discussing | Explaining Analysing Evaluating Justifying Discussing | Explaining Analysing Evaluating Justifying Discussing |
| Knowledge | Skill acquisition Cardiovascular system | Skill acquisition The Respiratory System | Sport and society Musculoskeletal System | Sport and society Energy Systems | Sport psychology Diet and Nutrition | Written NEA Preparation and training methods |
| Alive and British Values | We can review | We can review | We can research Individual liberty | We can research Individual liberty | We can question | We are organised |
| Assessment | Peer and self-assessment, Teacher verbal and written feedback, End of topic test | Peer and self-assessment, Teacher verbal and written feedback, End of topic test | Peer and self-assessment, Teacher verbal and written feedback, End of topic test | Peer and self-assessment, Teacher verbal and written feedback, End of topic test | Peer and self-assessment, Teacher verbal and written feedback, End of topic test | Self-assessment, Teacher grade for coursework |
| Careers | | | Careers trips to UCFA university | | | Sports science trip to Bath university |

How will studying this subject in Key Stage Five build on learning from Key Stages Three and Four?:

The content at A-level builds in depth and breadth on the GCSE course. Giving students a better understanding about how the body is used for physical activity as well as the psychological, sociological and historical factors of sport.

Year 13 Physical Education Curriculum Overview

| Year 13 | Term 1 | Term 2 | Term 3 | Term 4 | Term 5 | Term 6 |
|---------------------------------|---|---|---|---|---|---|
| Skills | Explaining Analysing Evaluating Justifying Discussing | Explaining Analysing Evaluating Justifying Discussing | Explaining Analysing Evaluating Justifying Discussing | Explaining Analysing Evaluating Justifying Discussing | Explaining Analysing Evaluating Justifying Discussing | Explaining Analysing Evaluating Justifying Discussing |
| Knowledge | Sports psychology Injury Prevention | Sports psychology Biomechanical movements | Sport and society Biomechanical movements | Sport and society | Revision | Revision |
| Alive and British Values | We can question | We can question | We value diversity and choice Individual liberty | We value diversity and choice Rule of law | We are organised, we can review | We are organised, we can review |
| Assessment | Peer and self- assessment, Teacher verbal and written feedback, End of topic test | Peer and self- assessment, Teacher verbal and written feedback, End of topic test | Peer and self- assessment, Teacher verbal and written feedback, End of topic test | Peer and self- assessment, Teacher verbal and written feedback, End of topic test | Peer and self- assessment, Teacher verbal and written feedback, End of topic test | Peer and self- assessment, Teacher verbal and written feedback, End of topic test |
| Careers | | | | | | |

How will studying this subject in Key Stage Five help students to make their unique contribution to the world?:

It teaches students about all aspects of sport and physical activity. Allowing them make an educated decision to go into any role within sport e.g. coaching, sports development or analysis.