

VIP Year 7 Alive Themes

Term	Alive Theme	What we do	How it helps students to develop that Alive theme
1	Diversity Justice & respect	Lessons on anti-bullying, dangers of stereotypes and extremism. TERM 1	Recognise behaviour that is disrespectful and does not value diversity
2	Ourselves	Lessons on healthy sleep routines, vaping, vaccinations, grief and legal and illegal drugs TERM 2	Students learn how to keep themselves safe and how to reduce damage to their mental & physical health.
3	Communicate	Community unit TERM 5-6	Students learn what stereotypes are, the harm they may cause and how to avoid them & building healthy relationships so students know how to report bullying and can support victims.

VIP Year 8 Alive Themes

Term	Alive Theme	What we do	How it helps students to develop that Alive theme
1	Review & research	Finance unit TERM 1	Students review different saving accounts available, researching best interest rates.
2	Resilient	Mental health unit- TERM 3 Relationships & drugs unit-TERM 5-6	Students learn about common mental health problems and organisations/ sources of support. Students learn strategies to resist peer-pressure in relation to relationships, drugs and alcohol.
3	Ourselves	Careers lessons- TERM 1	Students learn about different types of employment (part-time, full-time, self-employed), the minimum wage and evaluate what they'd want in a job.

VIP Year 9 Alive Themes

Term	Alive Theme	What we do	How it helps students to develop that Alive theme
1	Review, question, research	GCSE options topic	Students learn about the GCSEs we offer and self-assess which ALIVE values are their strengths and weaknesses in order to decide which courses suit them.
2	Justice and respect	Justice and politics units	Students learn about the British justice system and age of criminal responsibility. Students learn about the main political parties in England and how to vote
3	Resilient	Relationships & drugs units	Students learn strategies to resist peer-pressure in relation to relationships, drugs and alcohol.
4	Interdependent	Relationships unit	Students learn about how consent is shown verbally and non-verbally and how people may withdraw consent
5	Diversity and choice	Diversity & discrimination unit	Students learn about hate crime and ableism; what these terms mean, the impact, how to support victims and how to report it to relevant organisations.